



**Sandro Dernini, Ph.D.**

Via Giovanni da Castel Bolognese 89

00153, Rome, Italy

Email: [s.dernini@tiscali.it](mailto:s.dernini@tiscali.it)

Tel. +39.3396170975 (mobile)

[www.medfoodcultures.org](http://www.medfoodcultures.org)

**Sandro DERNINI** received his Doctor's degree in Biology from the University of Cagliari (Italy) and his Ph.D. from the School of Education of the New York University (USA). Since 2002, he is the coordinator of the Forum on Mediterranean Food Cultures. Since 2010, he is a consultant at FAO. From 2006 to 2011, he was the coordinator of the International Interuniversity Centre for Mediterranean Food Cultures Studies (CIISCAM); and from 2007 to 2010, he was the head of the technical secretariat office of the president of the Italian National Research Institute on Food and Nutrition.

He is the coordinator of Plexus International, a network of artists and scientists. He is a member of the international scientific committee of the Foundation for the Advancement of the Mediterranean Diet, of the ONG Nutrition without Borders (Nutricion sins Fronteras) and of the International Society for the Advancement of Living Traditions in Art.

Born in Cagliari, Sardinia, Italy, in 1949.

**EDUCATION**

- Doctorate in Biology, School of Science, University of Cagliari, Italy (1974);
- PhD. in Art Education, School of Education, New York University (1997).

**EXPERIENCE**

- FAO consultant (2010-present) for the development of sustainable diets activities and sustainable food systems programme, Rome;
- Coordinator of the Forum on Mediterranean Food Cultures (2002-present), Rome;
- Coordinator of the CIISCAM-International Interuniversity Studies Centre on Mediterranean Food Cultures (2006-2011), Rome;
- Scientific Head of the President's Technical Secretariat of the Italian National Research Institute on Food and Nutrition (2007-2010), Rome;
- FAO consultant (2000-2002) for the development of FAO Network of Centres of Excellence on Food Quality, Safety and Nutrition, Rome;
- Coordinator of the Interdepartmental Well Being Centre of the University of Cagliari (1994-1999), Cagliari;
- Coordinator of Plexus International (1982-present);
- Executive Director of the Centre for Contemporary Italian Culture of New York University (1980-1982), New York;
- Researcher at the Biochemistry Institute of the University of Rome Sapienza (1974-1979), Rome.

## **MEMBERSHIP IN PROFESSIONAL SOCIETIES**

- Member of the International Scientific Committee of the Foundation for the Advancement of the Mediterranean Diet (2004-present);
- Member of the International Scientific Committee of Nutricion sin Fronteras (2005-present);
- Member of the International Scientific Committee of the International Society for the Advancement of Living Traditions in Art;
- Member of the Italian Society of Human Nutrition (2003-present).

## **PUBLICATIONS 2004-2013**

### **Scientific Journals and Magazine**

- Dernini S., Meybeck A., Burlingame B., Gitz V., Lacirignola C., Debs P., Capone R., El Bilali H. (2013) “Towards a shared methodological approach to assess the sustainability of the Mediterranean diets and food consumption patterns”. *New Medit*; 3: 28-36.
- Nouredin D., Capone R., Dernini S., Berjan S., El Bilali H., Radovic M., Despotovic A., Panin B. (2013) “Consumer perceptions of agro-food products with ethical values in Serbia: an exploratory study”. *International Journal of Nutrition and Food Sciences*; doi: 10.11648/j.ijnfs.2013.XXXX.XX
- Capone R., Iannetta M., El Bilali H., Colonna N., Debs P., Dernini S., Maiani G., Intorre F., Polito A., Turrini A., Cardone G., Lorusso F., Virginia Belsanti V. (2013). “A Preliminary Assessment of the Environmental Sustainability of the Current Italian Dietary Pattern: Water Footprint Related to Food Consumption”. *Journal of Food and Nutrition Research*. 2013, 1(4), 59-67.
- Lacirignola C., Dernini S., Capone R., Meybeck A., Burlingame B., Gitz V., El Bilali H., Debs P., Belsanti V. (2012). “Towards the development of guidelines for improving the sustainability of diets and food consumption patterns: the Mediterranean diet as a pilot study”. *CIHEAM, Options Mediterraneennes, Paris, Series B, number 70*.
- Dernini S., Meybeck A., Burlingame B., Gitz V., Lacirignola C., Capone R., El Bilali H., Debs P., Belsanti V. (2012). “Towards the development of guidelines for improving the sustainability of diets and food consumption patterns: the Mediterranean diet as a pilot study”. *A FAO/CIHEAM discussion paper. FAO, Rome*.
- Dernini S., Berry E., Bach-Faig A., Belahsen R., Donini LM., Lairon D., Serra-Majem L., Cannella C. (2012) “A dietary model constructed by scientists: The Mediterranean diet.”. In, *Mediterra 2012. CIHEAM–SciencesPo Les Presses, Paris*; 71-88.

- del Balzo V., Diolordi L., Pinto A, A.M. Giusti A.M., Vitiello V., Cannella C., Dernini S., LM. Donini L.M., Berry E. (2012) “Mediterranean diet pyramids:towards the Italian model.” *Ann Ig*; 24: 443-447.
- del Balzo V, Vitiello V, Dernini S, et al. (2012). Computer tailored nutrition education: Mediterranean diet. *Ann Ig*; 24(2): 123-30.
- Dernini S. (2011). The erosion and the renaissance of the Mediterranean diet: A sustainable cultural resource. *Quaderns de la Mediterrania, IEMED, Barcelona*; 16:75-82.
- Burlingame B. and Dernini S. (2011). “Sustainable diets: the Mediterranean diet as an example”. *Public Health Nutrition*: 14(12A), 2285–2287.
- Bach-Faig A., Elliot M Berry E., Lairon D., Reguant J., Trichopoulou A.,Dernini S., Medina X, Battino M., Belahsen R., MirandaG., and Serra-Majem L. (2011) “ Mediterranean diet pyramid today. Science and cultural updates”. *Public Health Nutrition*: 14(12A), 2274–2284.
- Proietti AR, del Balzo V, Dernini S, Donini LM, Cannella C. (2009). Mediterranean diet and prevention of non-communicable diseases: scientific evidences. *Ann Ig*; 21(3): 197-210.
- Dernini S. (2008) “The Strategic Proposal to the Candidacy of the Mediterranean Diet for Inclusion in the UNESCO List of Intangible Cultural Heritage”. In *Mediterranean Year Book 2008*, European Institute of the Mediterranean and Fundacio CIDOB, Barcellona, 288-291.
- Donini L.M., Del Balzo V., Dernini S., Scanu A., Cannella C. (2007) “La Piramide Alimentare Italiana.” *Le Scelte del Consumatore*. 167, 6-8.
- Dernini S. (2006) “Transmitting Mediterranean Food Culture through Art: A Creative Interdisciplinary Approach”. *Public Health Nutrition*: 9 (8A), 1141-1143.
- Dernini S. (2006) “Towards the Advancement of the Mediterranean Food Cultures”. *Public Health Nutrition*: 9 (1A),103-104.
- Cannella C., Dernini S. (2006) “Walnut: Insights and Nutritional Value”. *Acta Horticulturae*: 705, 547-549.

### **Books**

- Dernini S. and Burlingame B. “La dieta mediterranea: un modello di studio per le diete sostenibili”. In “La dieta mediterranea tra mito e realtà”. Il Pensiero Scientifico Editore, 2012
- Burlingame B. and Dernini S. Eds. “Sustainable diets and biodiversity. Directions and solutions for policy, research and action”. FAO, 2012.

- Burlingame B., Charrondiere R., Dernini S., Stadlmayr B., and Mondovì S. "Food biodiversity and sustainable diets: Implications of applications for food production and processing". In "Green Technologies in Food Production and Processing", eds, Boyce J. And Arcand Y. Springer, 2011.
- Dernini S. "Plexus Black Box . A Multicultural Aesthetic Inquiry on An International Community-Based Art Project." Casa Editrice Università "La Sapienza", 2007.

### **Proceedings and abstracts in scientific conferences**

- Dernini S. "The Characterization of the Mediterranean Diet as a Sustainable Diet". 10<sup>th</sup> Israeli Nutrition Week, 12-14 June 2012, 10A.
- Burlingame B., Charrondiere R., Dernini S. "Improving Dietary Assessment Methodologies for Charactering Sustainable Diets". 8<sup>th</sup> International Conference on Diet and Activity Methods, Rome, 14-17 May 2012, 60.
- Burlingame B., Dernini S. "Diete Sostenibili: La Nutrizione come Servizio Ecosistemico". 1° Congresso Nazionale della Rete Italiana per la Ricerca in Agricoltura Biologica, 7-8 Novembre 2011, 75.
- Dernini S. "The Mediterranean Diet: A World Heritage of Diversity, An Example of Sustainable Diet". Evolution Day-La Biodiversità è Bello, 23-24 November 2010, Milan, 8-11.
- Dernini S. "Mediterranean Diet as an Underestimated Sustainable Resource". 3<sup>o</sup> International Conference Encuentros en el Mediterraneo, Sevilla, 26 June 2009, 12-17.
- Del Balzo V., Dernini S., Scanu A., Cannella C. "Well-Being Portion Size and Italian Food Pyramid". 10<sup>th</sup> European Nutrition Conference, Paris, 10-13 July 2007, 336.
- Dernini S. "North-South Food Dialogues in the Mediterranean Rim". Federation of African Nutrition Societies Congress, Ouarzazate (Marocco), 7-9 May 2007, 26.
- Del Balzo V., Cannella C., Dernini S. "Gaining Health and Preserving the Mediterranean Diet: The Italian Experience". Federation of African Nutrition Societies Congress, Ouarzazate (Marocco), 7-9 May 2007, 52.
- Dernini S. "The Experience of the Euro-Mediterranean Forum on Food Cultures: An Interdisciplinary Intercultural Approach". Federation of African Nutrition Societies Congress, Ouarzazate (Morocco), 7-9 May 2007, 61.
- Dernini S. "The Barcelona process and the importance of the Mediterranean diet to preserve the Mediterranean food cultures heritage from the increasing erosion". 2<sup>nd</sup> International Conference "Traditional Mediterranean Diet: Past, Present and Future", Athens, 20-22 April 2005, 12.
- Dernini S. "An EuroMed network project for the advancement of the diversity of Mediterranean cultures". Mediterranean Diet International Congress, Barcelona, 9-11 March 2004.
- Dernini S. "The Present Role of the Mediterranean Diet and the Sustainable Development of the Mediterranean Food Cultures". International Conference Traditional Mediterranean Diet: Past, Present and Future, Athens, 21-23 April 2004, 143-146.

- Dernini S. “Progetto Euromediterraneo sulla Sicurezza Alimentare”. 16° National Congress ANDID, Parma, 17-20 March 2004, 40-41.